

WOMEN'S UNIVERSITY IN AFRICA



Addressing gender disparity and fostering equity in University Education

FACULTY OF SOCIAL AND GENDER TRANSFORMATIVE SCIENCES

**BACHELOR OF SCIENCE HONOURS DEGREE IN PSYCHOLOGY
BACHELOR OF SCIENCE HONOURS DEGREE IN SOCIAL WORK
BACHELOR OF SCIENCE HONOURS DEGREE IN COMMUNITY DEVELOPMENT**

MAIN PAPER

PS225: COUNSELLING PSYCHOLOGY

**INTAKE 25: SECOND YEAR SECOND SEMESTER
INTAKE 10: FORTH YEAR SECOND SEMESTER**

DATE: 2020 TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES

1. Answer any **two** questions.
2. All questions carry equal marks.

Question 1

‘Events themselves do not cause psychological problems, rather it is the person’s cognitive evaluation and beliefs about life events.’ Discuss.

Question 2

Examine four problems faced by the elderly people in any community and the interventions one may give as a Counselling Psychologist.

Question 3

Discuss the importance of observing any five ethical considerations in counselling psychology.

Question 4

Questions and questioning technique are a very important counselling skill. Justify.

Question 5

‘Self-awareness is an integral part of a counselling session.’ Discuss.

END