WOMEN'S UNIVERSITY IN AFRICA



Addressing gender disparity and fostering equity in University Education

FACULTY OF SOCIAL AND GENDER TRANSFORMATIVE SCIENCES

DIPLOMA IN EDUCATION SPECIALISING IN EARLY CHILDHOOD DEVELOPMENT

MAIN PAPER

DECD 324: MAIN SUBJECT – PHYSICAL EDUCATION AND SPORT

INTAKE 5: THIRD YEAR SECOND SEMESTER

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES

- 1. Answer any **two** questions.
- 2. All questions carry equal marks.

Question 1

Analyse the misconceptions about PE as they relate to modern day Physical Education and Sport practices.

Question 2

Discuss Newton's 3 Laws of Motion emphasising on sport related performance.

Question 3

Explore the major fitness components highlighting the health related and skill related fitness.

Question 4

Assess the impact of the Greek's civilisation to the modern-day Physical Education and Sport programs.

Question 5

Evaluate the influence of the New Curriculum in strengthening the place of Physical Education and Sport in the society.

END