

# WOMEN'S UNIVERSITY IN AFRICA



*Addressing gender disparity and fostering equity in University Education*

---

**FACULTY OF SOCIAL AND GENDER TRANSFORMATIVE SCIENCES**

---

**BACHELOR OF SCIENCE HONOURS DEGREE IN MIDWIFERY**

**MAIN PAPER**

**BSHM 224: MENTAL HEALTH IN PREGNANCY**

**INTAKE 3: SECOND YEAR SECOND SEMESTER**

**DATE: 2020 TIME: 2HOURS**

## **INSTRUCTIONS TO CANDIDATE**

1. Answer any **three** questions.
2. All questions carry equal marks.

**Question 1**

Justify the need for the midwife to be aware of social and psychological issues in mental health.

**Question 2**

Critique the physiological changes in pregnancy affecting mental health in pregnancy.

**Question 3**

'It is critical for the midwife to understand mental health and wellbeing conditions associated with pregnancy.' Discuss.

**Question 4**

Examine the determinants of quality mental health in pregnancy.

**Question 5**

Explore the factors associated with mental health and wellbeing in pregnancy.

**END**