

**Question 1**  
Explain the concept of health promotion and discuss its goals and strategies.

**Question 2**  
Describe the cognitive and behavioral approaches to stress management.

**Question 3**  
Discuss the impact of chronic pain on physical and psychological well-being.

**Question 4**  
Describe the impact of social determinants of health on health outcomes.

**Question 5**  
Explain the biopsychosocial factors involved in the development and management of addiction