

Question 1

Analyse the misconceptions about PE as they relate to modern day Physical Education and Sport practices.

Question 2

Discuss Newton's 3 Laws of Motion emphasising on sport related performance.

Question 3

Explore the major fitness components highlighting the health related and skill related fitness.

Question 4

Assess the impact of the Greek's civilisation to the modern-day Physical Education and Sport programs.

Question 5

Evaluate the influence of the New Curriculum in strengthening the place of Physical Education and Sport in the society.

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